

What is a Psychic Reading?

© 2007 Jules Kennedy

If you've never experienced a psychic reading (and especially if you have) you are in for an interesting experience when you do have your next one. A good, professional psychic reader can tell you many things about yourself, your life and the situation around you; past, present and future. Be prepared with a list of questions when you ask for a reading, so as not to waste your time and money and the reader's time and energy. Remember the folk that do psychic work for the public are as human as you are, they have lives and bodies that require attention. Indeed, they have talents beyond this sense-felt world that we normally perceive, but they are not beyond human fault. They do make mistakes. Energy/information can be misread or skewed while being interpreted, sometimes due to a reader's development but also because of the fluctuation within experience itself. And let's not forget the free will aspect. Each individual does have the "free will" to make choices that may not coincide with what a reader sees—hence, the other person may choose differently than what is foretold for your future. We cannot control the actions and decisions of others; we can only control our own personal destinies.

Readers expend energy when they do this work. It is important that you compensate their energy given with something of value that you can give, i.e. money, goods, and services. Most psychic readers charge a fee for readings, as this is their bread and butter. This is often the only form of income producing work that they do. A focused devotion to this work presents a better reader, delivering more accurate information to you.

A good psychic reader will answer your questions directly and as concisely as he or she can, but in defense of all readers there are many "probable" futures in any one person's life—not just one. Certainly there are things that are destined in your lifetime but the path to getting there can be altered by many things, mostly by YOU. The mind brings experiences to us. Thought does create reality. However there are many influences behind your thought such as emotion, attachment, obsession, psychic ties and release thereof, and most importantly your personal relationship with the Higher Power. In other words, your God-connectedness---faith, belief, knowing and co-Creation.

What should you expect from a psychic reading?

The best frame of mind to be in when you are having a psychic reading is to be in a meditative, receptive, open state. Having a sincere, non-judgmental composure will help you assimilate and discern the information given to you. Never take anything told to you verbatim unless it feels right. Throw out anything that does not seem as if it is meant for you. Indeed, there are charlatans in the psychic business (just as there are in most professions) but there are also some very excellent readers. You decide which information to take further and ponder. The psychic reader should simply be giving you the information that he/she receives clairvoyantly (higher vision), clairsentiently (information felt through the body), clairaudiently (voices, audible information), through divination tools (tarot, runes, tea leaves, palm) or via any psychically intuitive means. Sometime readers will “read” off of your fears and doubt. You are the ultimate co-creator in your life. We all may choose live through fear or joy, anger or bliss, sadness or happiness. The decision of how to perceive your life is internal and up to you. But if you are filled with extreme fear or guilt it might be best to wait for the severity of that emotion to subside before you ask for psychic information. A good reader usually can move beyond the emotionality and get to the clearest information anyway, but why take the chance? Why not get the most for your dollars and put yourself in a clear space (or wait for that clear space) before you get the reading?

A psychic reader will give you information based on:

- 1.) fact (what actually happened, is happening or could happen)
- 2.) your state of mind/heart/being, and
- 3.) probably some speculation or psychic guess work based on probable futures.

We all have the ability to alter our experiences (information foretold) by the power of free will. You can change your reality some by using your free will. You can align your life with your God-given soul purpose by the use of free will. Other people in your life can alter details of your experience through the power of their free will option. You however are the only one that can live your life to its fullest. You may choose to enhance your life by having a bit of

extra “seeing power” offered to you by a professional psychic reader. If this is what you want, a bit of additional foresight, then a psychic reading may be just what you need.

Jules Kennedy is the author of Dimensional Ascension, Singing for Your Soul and Sexual Ascension, has clients worldwide, and does contracted service work for non-profit and volunteer organizations. She can be reached through her website, www.juleskennedy.com.

CHANNELING, CLAIRVOYANCE AND MEDIUMSHIP

© 2003 Jules Kennedy

As a professional psychic consultant for over 19 years and a channel/author of several books and psychic development courses, I have had many lessons regarding the dynamics of psychic phenomena; many experiences from which to draw wisdom. People have asked me over time what might be the difference between the process of channeling, that of clairvoyance, and the art of mediumship. I often use all three modalities of communication when I do readings and/or compose written and audio material. A great deal of sophistication and refinement goes into doing any of these types of world service works well. I honor all those in this psychic profession that perfect the craft on an ongoing basis

Channeling is a process of stepping back from personal consciousness and allowing energy sources of higher consciousness to come through with threads of thought communication. Thought is energy vibration and cloaked in etheric semblances of form. Information is not solid form, but it is close to form. When we question our reality, a process of channeling can allow information of a higher nature to come through to provide direction and answers. When I channel, I put my own voices on hold. You might say that I enter an altered state of mind, and allow seemingly “other-worldly” information to come through to be verbalized as I receive it to my client or public audience. Channeling works well to get in touch with messages from your angels, high level guides, extraterrestrial sources, and the Masters.

Clairvoyance (within this I include the senses of clairaudience, telekinesis, etc...anything that is sensually felt by the person reading) in my experience is the process of receiving information that is sensed with the so-called sixth sense. It is developed to the point that all of the symbols, verbal messages heard, and other sensate information is most likely relevant to the client and can actually be activated in their lives. Ask a clairvoyant anything that is immediate in your life. These messages often give very practical advice, easy to understand and practice. The mass consciousness is becoming more clairvoyant at this time. This is resulting in more people understanding and using intuition and psychic abilities in their everyday lives.

Mediumship is an intricate, skilled art that has the reader tapping into the fourth dimensional spirit world. It is a craft that Spiritualists have used throughout history to help others have comfort and peace in their lives. This information can come from deceased loved ones, experts who have crossed over that have stayed to share what they have learned, and prophets of the past who come back to the spirit world to impart wisdom. Contacting those spirits from the “other side” of this dimension can be an enlightening experience and offer healing like no other type of psychic counsel can.

It is up to you, the informed, knowledgeable client to seek the specialty of service-channeling, clairvoyance, or mediumship-which best suits your situation at the time of the reading.